



Cherie Wood, Mayor
 801-464-6757
 mayor@sslc.com

South Salt Lake City Council Members

LeAnne Huff, District 1
 801-440-8510
 lhuff@sslc.com

Corey Thomas, District 2
 801-755-8015
 cthomas@sslc.com

Sharla Bynum, District 3
 801-803-4127
 sbeverly@sslc.com

Portia Mila, District 4
 801-792-0912
 pmila@sslc.com

L. Shane Siwik, District 5
 801-548-7953
 ssiwik@sslc.com

Natalie Pinkney, At-Large
 385-775-4980
 npinkney@sslc.com

Ray deWolfe, At-Large
 801-347-6939
 rdewolfe@sslc.com

City Offices

Mon-Fri 8 a.m. – 5 p.m.
 801-483-6000
 220 East Morris Ave
 SSL, UT 84115

Animal Service 801-483-6024
 Building Permits 801-483-6005
 Business Licensing 801-483-6063
 Code Enforcement 801-464-6712
 Fire Administration 801-483-6043
 Justice Court 801-483-6072
 Police Admin 801-412-3606
 Promise 801-483-6057
 Public Works 801-483-6045
 Recreation 801-412-3217
 Utility Billing 801-483-6074
 Emergencies 911
 Police/Fire Dispatch 801-840-4000



Mayor Cherie Wood

What are you waiting for? Just VOTE!

This is a big election year, and I am sitting on the edge of my seat. Fortunately, this year, it isn't my turn to be on the ballot (relief), but it is a pivotal time for our community and the nation. So I am still anxious about the outcome. Why? Because all issues are local.

Our state and federal level leaders set the budgets and policies that make their way down to how our city functions. Our city budget relies significantly on funds that come from taxes collected at a state and federal level. Our projects and priorities have to be funded, and have to follow the rules set by others. The rules for schools, police departments, transportation projects, healthcare and many

other critical services are made in large part by other agencies, who are elected, too.

We speak up as a municipality, but we need the support of citizens speaking up, too. As a small city, political leaders can too easily write us off or feel like our votes aren't enough to sway them. I challenge you to prove

them wrong! In a small city, your local vote for a small council district has much more weight than in a larger city. A single vote is more statistically meaningful. So is a voice from a typically under-represented area – it stands out!

I urge you to vote in this election. Register to vote once and you will continue to receive information on elections and ballots that can turn voting into a habit. Vote and you will get the satisfaction of taking action and the motivation to act in other ways. Check out vote.utah.gov and then get out there and VOTE!

Even If you are not yet 18, or are not a U.S. citizen, you can encourage the change you wish to see. Beyond casting your ballot, here are tips to get the attention of elected leaders and get results:

Be informed – Learn about the issues, relate them to your family and community, and consider the tradeoffs. Sign up for the city newsletter, read the newspaper, and connect with advocacy groups for the issues you care about.

Speak up – Talk about your life and issues on social media, newsletters, public meetings and surveys. Talk to your neighbors and contact your elected officials. Your voice matters just as much as your vote!

Volunteer – Whether you volunteer for a cause, for a campaign, or simply to benefit your community, you'll find an easy path to learn other people's perspectives and experience issues more personally.

Top Ten Reasons to Vote:

1. You have the right and privilege to vote in a democracy.
2. To decide how your taxes are raised and how they are spent.
3. To advocate for funding in your community.
4. To secure fair job conditions, benefits and pay.
5. To improve education and childcare.
6. To have access to affordable healthcare.
7. To determine Social Security benefits.
8. To improve your commute, whether on foot, by bike, car or transit.
9. To improve public safety and influence how the justice system operates.
10. If you don't vote, someone else will. Why should their opinion matter more than yours?



SSL City Council Meetings

Meetings likely electronic only, visit sslc.com for info.

Wednesday, October 14, 7 p.m.

Wednesday, October 28, 7 p.m.

SSL City Planning Commission Meetings

Thursday, October 1, 7 p.m.

Thursday, October 15, 7 p.m.

NOTICE: All meetings are subject to postponement, cancellation or live stream only. Check sslc.com for updates.

Garbage and Recycling Pickup – Columbus Day

Waste will be collected on Monday, October 12



New Resident CORNER

Leaf Bags

South Salt Lake residents can participate in an annual leaf bag collection program. Each fall season, five leaf bags are supplied to residents at no cost. To request your bags, call 801-483-6045 and provide your name and address. You leaf bags will then be delivered to your doorstep. The leaf bags will be picked up curbside through the end of November.



Plant a Tree for Free!

Tree Utah, Arbor Day Foundation, Dominion are providing free seedlings for redbud trees. Pick up 4-6 pm at Fitts Park on October 5 and 16. For more info contact Urban Livability 801-464-6712.

City Council Corner – Mental Health Awareness

By Ray deWolfe, City Council At-Large

Let's call it like it is. 2020 has been rough. This year will go down in history books as one of the hardest years for the American people. This year alone we've experienced a world-wide pandemic, an unpredictable economy, a contentious presidential campaign, and nationwide social unrest. These events have hampered our mental states. Reports claim one in four people experience a mental health condition at some point in their lives, including depression and anxiety. As Autumn approaches, we will soon experience shorter days, and with it, seasonal depression. Mental health is too often considered taboo, but we as a society need to be more accepting and educated when it comes to our own health, and how to notice the

signs of others. A popular sports broadcaster recently criticized Dallas Cowboys quarterback, Dak Prescott, for sharing his own mental health struggles. It's not a sign of weakness to admit your struggle with mental health. On the contrary, it's a sign of strength. If you are experiencing a mental health struggle or think someone else is then reach out. Connect with resources.

Utah Crisis line: 1-800-273-Talk

United Way, Get Help Give Help Line: 211

Trevor Project Hotline for LGBTQ teens: 1-866-488-7386

Note: Opinions expressed here may not be representative of all Members of the City Council.

South Salt Lake City Council Action Report Summary

Full agendas, minutes, handouts and video recorded meetings available at: sslc.com/city-government/council-meeting

Date	Agenda Item	Subject	Action	Next Step
8/26/20	City's Street Lighting Update	City Staff gave the Council an update on the City's Street Lighting Project	No Action	No Further Discussion
8/26/20	Discussion against Privatization of USPS	A Discussion about a Resolution against the Privatization of the United States Postal Service	Moved to Unfinished Business for 9/9	Further Discussion
9/9/20	A Resolution against Privatization of USPS	A Resolution Supporting the United States Postal Service and Standing Against its Privatization	Approved	No Further Action
9/9/20	Adopting the FEMA Mitigation Plan	A Resolution Adopting the Salt Lake County Multi-Jurisdictional Multi-Hazard Mitigation Plan, as required by the Federal Disaster Mitigation and Cost Reduction Act of 2000	Approved	No Further Action
9/9/20	Public Hearing – Business License fee waiver	Public Hearing regarding the consideration of Business License Fee Waiver for The Utah Food Bank	Approved	No Further Action
9/9/20	Public Hearing – Business License fee waiver	Public Hearing regarding the consideration of Business License Fee Waiver for the Salt Lake County Transfer Station	Not Approved	No Further Action

HOW TO VOTE

General Election Day: November 3, 2020

Election Day is just around the corner. So here is all the information you need about the election, voting information and how to register.

VOTE BY MAIL

All residents registered to vote will receive a ballot by mail the week of October 12, 2020. Residents may drop off their ballots any time before November 3, 2020 at 8 p.m. in a drop box. The nearest ballot drop box is at the Salt Lake County Government Center, 2001 S. State Street. For a list of vote centers visit the county elections website at slco.org/clerk/elections. Instructions and postage for mailing are included with your ballot.

VOTE IN-PERSON

The Columbus Center at 2531 S 400 E will be open from 7a.m. to 8p.m. on November 3 for in-person voting. Residents must wear a mask to enter.

For early in-person voting, residents may call Salt Lake County at 385.468.7000 for more information or to schedule a voting time. Early voting begins October 20 and runs until October 30.

REGISTER TO VOTE ONLINE

You can register at vote.utah.gov. Make sure you register at least 11 days before the election.



BY-MAIL

Complete the Voter Registration form at slco.org/clerk/elections. Print and send to:

Salt Lake County Clerk Election Division
2001 S State Street #S1-200
PO Box 144575
Salt Lake City, UT 84114-4575

Mail your completed registration form at least 11 days before the election.

You can also register in-person at the Election Division. The office is closed to the public due to COVID-19. However, voter registration can be done by-appointment only 385-468-8683.

UPDATE YOUR ADDRESS

If you are already registered, but have moved, you can update your information by emailing got-vote@slco.org. Include your name, birthdate, previous address and current address.

A Community Gets the Law Enforcement it Insists On

I often refer to a quote used by Attorney General Robert F. Kennedy in his 1963 Department of Justice Statement on organized crime. "Every society gets the kind of criminal it deserves. What is equally true is that every community gets the kind of law enforcement it insists on." Even though the context of Robert Kennedy's statement was made in reference towards the fight against organized crime, racketeering and corruption, it holds true that the only force that would conquer organized crime would be the vigilance of citizens in every community.

The words of Robert Kennedy have stuck with me over my years in law enforcement, and even more so as I progressed through my career into positions of leadership. Even though I don't truly believe any community deserves to be victimized, I do give credence to the belief that it takes a community to stand up against crime and even injustice. The second part of the statement; "What is equally true is that every community gets the kind of law enforcement it insists on" are words that I have adopted into my leadership philosophies. As the Chief of Police, I am committed to understanding and listening to the needs of our community, to ensure that the South Salt Lake Police Department is providing the kind of law enforcement you insist on.

The South Salt Lake Police Department has prioritized engagement with our community for many decades. The murder of Hser Ner Moo, a resettled refugee, in 2008 rallied the community to push for additional programs and services. Cherie Wood, as Chief of Staff, took the lead using coordinated efforts with at the time Chief of Police Chris Snyder and the Recreation Department to create Promise South Salt Lake.

Our Department has been an integral partner with Promise South Salt Lake since its inception and the creation of our first community based center, the Hser Ner Moo Community

Center. We continue our partnership today with Promise in the community centers throughout our city. South Salt Lake is ethnically and culturally diverse, we have over 40 different languages spoken in our schools and throughout the community. Promise South Salt Lake has grown to become a holistic, community-wide initiative operation in 14 centers across the city. The centers serve over 4,000 residents annually. It is an honor to serve with Promise SSL and meet the needs of our youth and families.

South Salt Lake Police has committed resources to provide engagement opportunities at the Promise centers and in the community. We have enjoyed being involved by sharing presentations on crime and gang prevention and we continue to work with our youth at the Central Park Community Center in our Police Athletic/Activities League (PAL) youth boxing program.

To solidify and further the work, Mayor Cherie Wood announced her 3 PROMISES to the community of South Salt Lake, and the commitment to all our youth that they would have the opportunity to succeed. Under Mayor Wood's leadership every department within the City contributes to this initiative. The Police Department contributes to all 3 Promises by engaging our community, listening to their needs and concerns and adapting resources and services to meet those needs.

The civil unrest we have all witnessed has brought to the forefront that it is more important than ever for us to listen. Your police department is committed to providing the kind of law enforcement you insist on.



**Police Chief
Jack Carruth**



Fire Prevention Month

Fire prevention month raises awareness about fire safety and home safety to help ensure your home and family are prepared in case of an emergency. Fire prevention month has roots that date back to The Great Chicago Fire of 1871 that killed more than 250 people and left more than 100,000 homeless. The deadly fire reportedly started on October 8, and as the fire expanded and advanced through the town panic ensued, people realized that there was no place for guaranteed safety. They became fearful and began to flee for their lives creating havoc in the streets and impeding everyone's safe escape.

This year's theme is "Serve Up Fire Safety in the Kitchen". We will focus on the simple but important actions you can take to keep your households safe in the kitchen. Did you know that cooking is the #1 cause of home fires and home fire injuries? Almost half -- 44% of reported home fires start in the kitchen. Two-thirds -- 66% of home cooking fires start with the ignition of food or other cooking materials.

We know cooking fires can be prevented. Staying in the kitchen, using a timer, and avoiding distractions such as electronics or TV are steps everyone can take to keep families safe in their homes. The South Salt Lake Fire Department encourages all residents to embrace the 2020 Fire Prevention Week theme.

Take these safety steps to keep you and loved ones from having a cooking fire.

- Never leave cooking food unattended. Stay in the kitchen while you're frying, grilling or broiling. If you have to leave, even for a short time, turn off the stove.
- If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you.
- Remain alert when cooking! You won't be alert if you are sleepy, have taken medication or drugs, or consumed alcohol.
- Always keep an oven mitt and pan lid nearby when you're cooking. If a small grease fire starts, slide the lid over the pan to smother the flame. Turn the burner off and leave the pan covered until it is completely cooled.
- Have a "kid-free zone" of at least 3-feet around the stove and areas where hot food or drink is prepared.

Before you serve a meal this month, it's essential that you "Serve Up Fire Safety in the Kitchen." There's nothing like spending time cooking a delicious meal for family and friends. Follow the safety steps and enjoy every bite.



**Fire Chief
Terry Addison**



**Emergency
Preparedness**



Preparedness Tip #10: Prepare a 72-Hour Emergency Bag

Prepare and keep enough supplies in your home to meet the needs of you and your family for at least three days. This "72-hour bag" should be taken with you in the event of an emergency or evacuation. Consideration should be given to having an emergency bag in the home as well as your vehicle. The basics to stock in your kit should include: emergency contact list and evacuation plan, water, food, battery powered radio, flash lights, batteries, change of clothing, blanket, utility tool, fire extinguisher, jumper cables, dust mask, plastic sheeting, duct tape, trash bags, sanitary and hygienic products, maps, first aid kit, household bleach, tin foil, signal flair, paper and pen, plastic storage containers and a manual can opener. In addition, special items for infants, elderly and ill or those who require additional assistance should be considered.

School is Back in Session

Be alert, phones down, travel slowly and yield to pedestrians.



NEIGHBORHOOD WATCH



We strengthen our community by reporting all suspicious activity to the South Salt Lake Police Dept.

Join us for a Citywide Neighborhood Watch Zoom Meeting

October 1, 2020 7:00 p.m.
Visit sslc.com for link

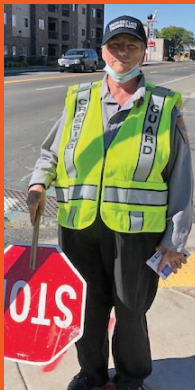
CELEBRATING 39 YEARS WITH SOUTH SALT LAKE!

Helen Singer began working for our City in October of 1981. She is by far our most dedicated crossing guard. She rarely misses a day of work, even putting the kiddos needs above her family needs at times.

Helen is a lifelong SSL resident, she resides on the same street she grew up on. She loves keeping our kiddos safe and is passionate about her work and the SSL Police Department. Fun fact, Helen still carries her original STOP sign.

When not on the job, she fills the role of grandma and great grandma, Helen enjoys time spent with her family.

If you see Helen out at Woodrow Wilson Elementary, give her a wave and a thank you for keeping our youth safe for 39 years now!



Nominate a South Salt Lake Beautiful Yard



Mayor Cherie Wood's Beautiful Yard Award thanks SSL residents who have made exceptional efforts that positively impact their neighborhood. Beautiful yards make neighborhoods more attractive and vibrant. It's easy to nominate, please take a moment to contact Urban Livability at 801-464-6712 or vlelo@sslc.com to recognize a deserving yard.

Congratulations to the Young Family! Thank you for your commitment to a Beautiful Yard!



BUILDING PERMIT PROCESS

To ensure the health and safety of the public, the City of South Salt Lake requires that construction work can only be performed after a permit is obtained. Community Development works to ensure that all buildings obtain the proper permits and conform to our City Building Codes and the International Building Code.

Our division oversees two major areas to ensure safe and successful construction:

Building Permits - We process applications and review building plans before issuing permits to ensure compliance with the current building codes.

Inspections - The work is then inspected during construction to confirm adherence to the approved plans and codes. We issue a Certificate of Occupancy or a Certificate of Completion when the work is done and in compliance with all code requirements.

WHEN IS A PERMIT REQUIRED?

A permit is required for the following type of projects:

- New Buildings
- Additions
- Tenant Improvements
- Structural Modifications
- Renovations (basement finishes, kitchen expansions, roofing, etc.)
- Electrical Installations (service upgrades, meter change, new branch circuits, etc.)
- Plumbing Installations (gas lines, drain piping, water lines, etc.)
- HVAC Installations (heating, ventilation, cooling, etc.)
- Signs
- Fences

If you are unsure whether or not your project meets the above criteria, please contact our staff at 801.483.6005.



HOW TO APPLY FOR PERMIT?

A complete building permit application will need to be submitted to Community Development. Applications include documentation on the following items:

- Property Owner Affidavit
- Fees
- Paper and Digital Copies of Plans
- General Contractor Information and State License Number
- All Subcontractor Information and State License Numbers
- Architect Contact Information, when applicable

FAQ's:

How long does it take to get a building permit? We will review and provide feedback within 15 business days. It is the applicant's responsibility to provide a complete application and respond to comments accordingly. Applications are only valid for 180 days.

May I start construction prior to my permit being approved? No. Any project that starts work without a permit may be subject to citation and a double fee for the application. Criminal penalties may be imposed for failure to comply.

Do I need an inspection with my building permit? Yes. All building permits require an inspection. Please call 801.483.6032 to schedule an onsite inspection. If work is completed without an inspection, the applicant is responsible for removing and/or replacing all uninspected work to ensure compliance.



Capital Improvements Updates

West Temple Lighting

The up and coming Meadowbrook neighborhood is getting another boost to make it feel more like home. Street lights are in place and ready to turn on along the stretch of West Temple at Harmony Park and Waverly Station townhomes. The pedestrian lights add to the character of the neighborhood while the street lights focus on intersections and crosswalks. This project was funded in part by Community Development Block Grants from HUD (Housing and Urban Development). The project will continue next year with similar lighting on Main Street.

New Park at Columbus Center (pictured at right)

As construction on the park's paths, lighting, pergola and sport court wrap up, the playground contractors will jump in to build the city's newest and wildest attraction. The new park is intended to bring different people together in play – of any age, ability, interest, and culture. A committee selected the playground design from over a dozen choices – seeking a “playground for all.” It will include the first “Hedra” playground in the state (check it out at playlsi.com) and other unique elements not yet found in the city. The playground will be built in October and open soon after. Hooray for play!

Columbus Center Generator

Many of the city's buildings have generators to keep them running in an emergency or crisis, such as September's windstorm. City Hall, the police station, fire stations, public works and animal shelter are all equipped to keep running and keep employees functioning, in a crisis or even just a minor power outage. Columbus Center now joins the ranks of buildings that can remain safe, secure, and operational in difficult conditions. The center often is filled with seniors, students, library patrons, special events and employee at work in the Recreation and Promise SSL departments. The generators allow for safe operations or evacuations and can also support the city's goal for emergency shelter or operations if the need arises.



Community Happenings



Volunteers to the Rescue!

Fall is typically a busy time for volunteer projects, especially tree plantings and landscaping. Even in the time of COVID-19, several projects were planned in September with youth, employees, and volunteers from both Tree Utah and Seven Canyons Trust. After completing one volunteer project at Fitts Park, the city encountered a much bigger need – cleanup from the windstorm on September 8. Volunteers were reassigned to help collect fallen trees and debris and put the massive piles of green waste to a good purpose. Working with Community Connection, Parks, and Public Works, volunteers stepped in to clean up downed limbs on city streets and in parks, and recycled them into bark chips for still happy and healthy park trees. It was a great showing of the community coming together – thanks to everyone who pulled together!



Windstorm Wreaks Havoc on SSL

The September 8, 2020 windstorm left a path of destruction in more ways than one. Days without power for many residences and businesses. Cancelled school and work. Cleanup efforts bigger than any in many people's memory. The city declared a state of emergency and hopes to recoup some of the cost of recovery efforts. The city lost numerous trees in parks and properties, and private properties lost in trees and damage. Here is a visual sample of the destruction.



SAVE the DATE for FALL CLEAN-UP:



FIRST TWO FULL WEEKS OF NOVEMBER

Boxed, Bundled and Bagged Curbside Cleanup

The citywide cleanup program is available to all South Salt Lake residents who currently receive City garbage service. Curbside pickup will be provided for approved items that are boxed, bundled or bagged. The intent of this program is to reduce pollution in our streams, rivers and lakes and will keep our city clean. When utilizing curbside collection, residents are reminded that hazardous materials such as oil, batteries, paint, tires and other pollutants will not be collected. Ace Recycling and Disposal, the city's garbage and recycling contractor, will be collecting bulky waste items during the first two weeks of November. Properly prepared items must be placed on the curb by 6:30 a.m. on the scheduled collection day. The pickup schedule will be delivered to your home in advance.

Learn & Work in Utah — Virtual Job Fairs at SLCC

Training and Employment Support is Available

Have you wanted to pursue a higher-paying skilled or technical job but stopped because of the cost? If you are a Utah resident who is unemployed, furloughed, or is looking for an opportunity to enhance your career or start a new one, the CARES act is now available to cover the cost of short-term training courses and certificate programs. You can now get that new career training for free from Salt Lake Community College if you qualify and apply before December 1, 2020.

There are 36 career pathways to choose from, including Healthcare, Business & Finance, Information Technology, Professional Development, Energy, Manufacturing & Advanced Materials, Technical Training, and Transportation and more. Those who already have earned their undergraduate degree can earn their teaching credentials through the Paraeducation program. The list also includes learning to navigate computer software programs such as QuickBooks or Excel, and computer programming.

You can begin by browsing through the list of eligible programs/courses on the slcc.edu/allin site, and from there you can reach out to learn how to apply, register, and receive financial support. Training is just a stepping stone, and after completion, you can receive assistance in finding employment as well. Rick Bouillon, Assoc. VP of Utah Workforce & Economic Development at SLCC says, "The CARES Act is there to help the workforce reconnect or pursue a different career opportunity through training and skilling-up for a wide variety of industry sectors." Opening up new employment opportunities, SLCC also provides Career Services, and while in class, they can point you in the right direction with connections and companies. Local businesses are unable to fill many of these jobs and are eager to meet trained candidates who could. If you are interested—ACT NOW—CARES federal dollars will only be available until December 1, 2020. Visit slcc.edu/allin today!

SALT LAKE COMMUNITY COLLEGE

VIRTUAL JOB FAIR

October 13, 2020
10 am – 2 pm
ONLINE!

Meet employers with hundreds of opportunities for all majors online; all from the comfort of your home!
Come prepared with copies of your resume and remember to dress professional.



SCAN ME



@slcc_careerservices



CAREER SERVICES
YOUR PATH STARTS HERE

AA/EQ Institution • If you need ADA accommodations, please contact the Disability Resource Center at 801-957-4659

How Do I Dispose Of Tree Debris?

- Logs and stumps 24 inches in diameter or less - call Public Works for a pickup 801-483-6045
- Medium limbs (you can carry) - cut into 6 foot segments and bundle for fall cleanup
- Twigs, leaves - dispose in garbage bins or in your city leaf bags and place curbside

Residential garbage customers can also utilize the transfer station on the 1st and 3rd Saturdays, call 801-483-6000 to obtain a card to dump. Green-waste can also be taken to the landfill located at 6030 West California Ave, is open 7 a.m. to 5 p.m. Monday through Saturday.



LUNCH on the Move

Wednesday, October 21

11:00 a.m. - 2:00 p.m.

SSL City Hall

220 East Morris Ave

Discover a new food truck each month and stop in to see what's new at City Hall!



Mural Fest Video



Have you seen the murals? If you haven't or even if you have, don't miss the video that introduces you to the artists, their art, and the mission of Mural Fest. See it at themuralfest.com



Big transportation changes are coming! Local Link has two opportunities for you to provide input and transform the way you travel.

1. **Prioritize Projects:** With help from the public, eight recommended projects have been developed to improve how pedestrians, cyclists and drivers get around Sugar House and South Salt Lake through safe, accessible and efficient transportation choices. Tell the study team what projects are important to you!
2. **Take the Transit Survey:** We're analyzing possible transit improvements to 1300 East or Highland Drive. New transit options could include enhanced bus service, streetcar extension or bus rapid transit (BRT).

Visit locallinkstudy.com/feedback today to make sure your voice is heard and to sign up for updates.

Yellow is For Hello: Introducing Friendship Benches to SSL

"One of the leading indicators of mental health and wellness in a community is from the suicide rate," says Edward Lopez, Chair of the Family Engagement Committee for Promise SSL and part of its Mental Health Coalition. He says, "As a Coalition, we meet on a regular basis to discuss our goals and ways to support mental health." It's a complex issue, and this year we have faced more than just your regular stresses, a pandemic, an earthquake, job furloughs, businesses closing, and a severe windstorm to name a few, and our community's mental health has suffered. "It's a serious issue," Joseph Genda, Chair of The Mental Health Coalition says, "Where I am originally from in Africa, if a person displays certain issues such as depression or mental health issues, it is considered witchcraft and would not be addressed by mental health professionals or doctors." And that being said, being mindful of how cultural issues and communication barriers for those new to this country can play into mental wellness is an important one.

Promise SSL's Mental Health Coalition is three-fold, training its staff and building awareness, gathering and sharing resources when needed, and networking with others so that they can support and help each other. As an example, a Crisis Support Resources leaflet was created by the City, Promise SSL, and the United Way of Salt Lake to provide a quick and useful list of resources. Small enough to keep in your wallet, at the top of this leaflet, if dealing with a life-threatening emergency and call 911, you can ask for the CIT (Crisis Intervention Team), who are specially trained to help someone in a mental health crisis. Many other support hotlines as well as resources for the homeless, gun locks, and prescription medication drop-offs are listed. Visit sslc.com for the list.

The addition of a bright yellow Friendship Bench (or buddy bench) at the Columbus Center is another way to open doors and provide a means for communication in our community. It's an idea that started in Zimbabwe as an approach to therapy that uses listening and



"problem-solving" by lay-counselor grandmothers. The Friendship Bench has been so effective that this concept has been adopted by other areas as well as schools as a place to go if one needs a friend to talk to. The bright yellow bench is an easy way to seek out safe communication with others. Promise SSL and other staff members in the community will be trained to be available for those that choose to sit on the bench. At the Columbus Center with the new addition of a playground and pickleball court on its north side, you can spot the first of possibly many other bright yellow Friendship Benches to come. And if by chance you notice it, feel free to sit there, perhaps you'll make a new friend and boost their mental health.



SPOOKTACULAR DRIVE-THRU

October 23, 2020 | Columbus Center
5:00-7:00 p.m. | 2531 S 400 E

FREE ADMISSION

ONE WAY ENTER ON 400 EAST

Drive-thru and check out the Ghouls and Zombies. Collect treats, pumpkins and deco-kits.

MUST STAY IN CAR NO WALK-INS

SOUTH SALT LAKE RECREATION DEPARTMENT
For more information contact Myrna Clark
mclark@sslc.com | 801-483-6076

Clean Out Your MEDICINE Cabinet!

POISON HELP 1-800-222-1222 

Bring unused over-the-counter and prescription medications to the following location so they can be safely destroyed.

Saturday October 24, 2020
10:00 AM to 2:00 PM

Walgreens
3250 South 700 East
Salt Lake City
(In the parking lot)

Permanent disposal bin is located at the South Salt Lake Police Department 2835 S. Main Street Monday-Friday 7:00 am to 4:00 pm. (801) 412-3600 For other disposal sites call 1-800-222-1222 or visit www.useonlyasdirected.org



COLLEGE OF PHARMACY UNIVERSITY OF UTAH South Salt Lake Coalition for Drug Free Youth www.saltugfree.org **SOUTH SALT LAKE CITY ON THE MOVE** **SOUTH SALT LAKE POLICE DEPARTMENT**

OCTOBER IS

LGBTQ History Month

Lesbian, Gay, Bisexual, Transgender, Queer, Questioning communities have a rich, vibrant history and culture. To learn more about the history of LGBTQ communities in the US try an internet search about these important pioneers!

- Harvey Milk
- Janet Mock
- Bayard Rustin
- Silvia Rivera
- Gilbert Baker
- BD Wong
- Sally Ride
- Michael Sam
- Megan Rapinoe

October 11th is "National Coming Out Day"

AND the 3 year anniversary of
the Promise Equity Council AND

International Day of the Girl!

"We need to uphold the equal rights, voices and influence of girls in our families, communities and nations. Girls can be powerful agents of change, and nothing should keep them from participating fully in all areas of life." — UN Secretary-General António Guterres

**GIRL
POWER**

October 12th is a great opportunity to acknowledge that the City of South Salt Lake is built on indigenous land; the traditional territory of the Eastern Shooshone and Goshute tribes. In honor of Indigenous Peoples' Day we can raise awareness and honor the histories, legacies, and lived experiences of our American Indian residents living in South Salt Lake today.

Interested in learning more about equity, inclusion, and diversity in South Salt Lake? Join the Equity Council! Email bowens@sslc.com for more information!



South Salt Lake has 14 neighborhood centers serving our community.

Hser Ner Moo Community Center
2531 South 400 East (Columbus)
801-828-7245

Olene Walker Elementary
3751 South 900 West
801-828-8219

Historic Scott School Center
3280 South 540 East
801-803-3632

Lincoln Community School
450 East 3700 South
801-657-0416

Utah International School
350 East Baird Circle
801-520-7175

Central Park / PAL Center
2797 South 200 East
801-386-4949

Columbus Center
2531 South 400 East
801-412-3217

Commonwealth Youth Center
3280 South 540 East
801-803-3632

Woodrow Wilson School
2567 South Main Street
801-386-0589

Granite Park Jr. High
3031 South 200 East
801-440-4499

Meadowbrook Center (at SLCC)
250 West 3900 South
801-828-8219

Cottonwood High Promise
5715 South 1300 East
385-630-9748

Kearns Saint Ann Promise
430 East 2100 South
385-630-9754

Moss Elementary
4399 South 500 East
385-258-6360

Child Development Tip

Brought to you by the
South Salt Lake Early Learning Network
facebook.com/groups/sslprg

By 22 months
your child should
be able to string
items such as
beads or pasta
onto a string.
Stringing Activities are a
great way for your child
to build fine motor skills.



Interested in more child development information?

Call Help Me Grow Utah at 801-691-5322
or complete a free child development
screening here: bit.ly/asqenglish

Pulp Lifestyle Kitchen

Kuya Del

The Salseria

La Pizca Andina

Kafe Mamai

Delicious

Namash

Premier Catering

Diversion Eatery

From Promise South Salt Lake

BIGGEST THANK YOU!

Thank you to the
Nourish to Flourish Initiative
for connecting our programs to
amazing local restaurants that
helped feed our youth and families!